



Community of Wellness
Relaunch Lifestyle Medicine in Rochester
Gala

Friday, May 6, 2022

5:30 p.m. to 8:45 p.m.

Rochester Golf and Country Club

A ticketed event with limited seats

Unless the City of Rochester prohibits indoor dining, all tickets sold are final and non-refundable. Attendees may find substitutes if they cannot attend.

5:30 -6:00 Social Hour

6:00 – 6:30 Welcome and Introduction

Denise Stegall

Mei Liu, Founder & President

Kim Norton, Mayor of Rochester City

6:30 – 7:30 Dinner

7:30 – 8:30 Ask the Experts

Relaunch Lifestyle Medicine in the Community: How Can We Make our Local Community Be the National Example? *Neil Nedley, MD; Wayne Dysinger, MD; Mayor Norton; Jengyu Lai, DPM*

Learn from the experts' global view on how lifestyle medicine transforms the community. Discuss what the current national healthcare issues are; what makes Rochester a unique community; what local resources are available; and how we can formulate a process to make Rochester the national example of a healthy community that can be readily adopted by other communities.

8:30 – 8:45 Closing

This will be an elegant four-course WFPB GF "Global Fusion" semi-formal gala event to relaunch the lifestyle medicine education in the community. Also, we honor the dedication of our guest speakers, community volunteers, and Mayor who continue to support the whole food, plant-based centered healthy lifestyle in the community.